

# Bellevue School District Elementary School Lunch Menu March 2006



Monday	Tuesday	Wednesday	Thursday	Friday
<p>CHILD NUTRITION PROGRAMS ARE AVAILABLE TO ALL WITHOUT REGARD TO RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>A Potato Bar offered at select locations replaces the menu of the day.</p> </div>	<p><b>Lunch Price...\$2.00</b> <b>Reduced Price...\$.40</b> <b>Milk only.....\$.50</b></p>	<p style="text-align: right;">1</p> <p><b>Picnic at School</b> <b>Savory Chicken Leg</b> Served with Potato Salad and Baked Beans and Hawaiian Dinner Roll <b>Phantom Lake - Pizzatime</b></p>	<p style="text-align: right;">2</p> <p><b>Beef Ravioli</b> Served with Corn &amp; Cheese Breadstick &amp; Sugar Cookie <b>Clyde Hill- Potato Bar</b></p>	<p style="text-align: right;">3</p> <p><b>Beef Soft Taco</b> Served with Chips &amp; Salsa, Refried Beans, and Corn <b>Sherwood Forest - Pizzatime</b></p>
<p style="text-align: right;">6</p> <p><b>Teriyaki Nuggets</b> Served with Rice, Snap Peas, and Hawaiian Dinner Roll <b>Newport Heights - Pizzatime</b></p>	<p style="text-align: right;">7</p> <p><b>Chicken Fryz</b> Served with Mashed Potatoes, Gravy, and a Multigrain Roll</p>	<p style="text-align: right;">8</p> <p><b>Cheese Pizza (V)</b> Served with a Chocolate Goldfish Graham <b>Sunset - Pizzatime</b></p>	<p style="text-align: right;">9</p> <p><b>BBQ Beef Riblet on a Bun</b> Served with Baked Beans and Munchies Snack Mix <b>Medina - Potato Bar</b></p>	<p style="text-align: right;">10</p> <p><b>Penne Pasta and Meatsauce</b> Served with Mixed Vegetables, Breadstick and Rice Krispie Treat <b>Somerset - Pizzatime</b></p>
<p style="text-align: right;">13</p> <p><b>Fish Nuggets</b> Served with Potato Wedges, Mixed Veggies and Fruit Leather</p>	<p style="text-align: right;">14</p> <p><b>Turkey &amp; Gravy</b> Served with Mashed Potatoes, Green Beans, a Multi-grain Roll, Frozen Slushy Treat <b>Bennett - Potato Bar</b></p>	<p style="text-align: right;">15</p> <p><b>Picnic at School</b> <b>Savory Chicken Leg</b> Served with Potato Salad and Baked Beans and Hawaiian Dinner Roll</p>	<p style="text-align: right;">16</p> <p><b>Beef Ravioli</b> Served with Corn &amp; Cheese Breadstick &amp; St. Patrick's Day Cookie <b>Cherry Crest - Potato Bar</b></p>	<p style="text-align: right;">17</p> <p style="text-align: center;"><b>No School Today</b> <b>Professional Day</b></p>
<p style="text-align: right;">20</p> <p><b>Teriyaki Nuggets</b> Served with Rice, Snap Peas, and Hawaiian Dinner Roll <b>Stevenson - Pizzatime</b></p>	<p style="text-align: right;">21</p> <p><b>Chicken Tenders</b> Served with Mashed Potatoes, Gravy, and a Multigrain Roll <b>Eastgate - Potato Bar</b></p>	<p style="text-align: right;">22</p> <p><b>Cheese Pizza (V)</b> Served with a Chocolate Goldfish Graham</p>	<p style="text-align: right;">23</p> <p><b>Toasted Cheese Sandwich (V)</b> Served With Chicken Noodle Soup &amp; an Oatmeal Raisin Cookie <b>Ardmore - Potato Bar</b></p>	<p style="text-align: right;">24</p> <p><b>Penne Pasta and Meatsauce</b> Served with Mixed Vegetables, Breadstick and Rice Krispie Treat <b>Spiritridge - Pizzatime</b> <b>Enatai - Potato Bar</b></p>
<p style="text-align: right;">27</p> <p><b>Fish Nuggets</b> Served with Potato Wedges, Mixed Veggies and Fruit Leather <b>Woodridge - Pizzatime</b></p>	<p style="text-align: right;">28</p> <p><b>Turkey &amp; Gravy</b> Served with Mashed Potatoes, Green Beans, a Multi-grain Roll, Frozen Slushy Treat <b>Lake Hills - Pizzatime</b></p>	<p style="text-align: right;">29</p> <p><b>Picnic at School</b> <b>Savory Chicken Leg</b> Served with Potato Salad and Baked Beans and Hawaiian Dinner Roll</p>	<p style="text-align: right;">30</p> <p><b>Beef Ravioli</b> Served with Corn &amp; Cheese Breadstick &amp; Sugar Cookie <b>Medina - Soup and Salad Bar</b></p>	<p style="text-align: right;">31</p> <p><b>Beef Soft Taco</b> Served with Chips &amp; Salsa, Refried Beans, and Corn</p>

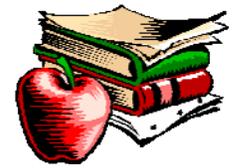
<u><b>Other Mon. Choices</b></u>	<u><b>Other Tue. Choices</b></u>	<u><b>Other Wed. Choices</b></u>	<u><b>Other Thu. Choices</b></u>	<u><b>Other Fri. Choices</b></u>
1. Chickenburger	1. Hamburger	1. Turkey Corndog	1. Hamburger	1. Chickenburger
2. Bean & Cheese Burrito (V)				
3. PB&J* with String Cheese (V)				
4. Yogurt & Muffin (V)	4. Yogurt & Muffin	4. Yogurt & Muffin (V)	4. Yogurt & Muffin (V)	4. Yogurt & Muffin (V)

**PLEASE NOTE:** \*These items contain nuts.  
Pepperoni Pizza from Pizzatime is the only pork item we serve. Items marked with a (V) are vegetarian choices.  
(may contain milk, milk products, or eggs—they are not vegan). Menu is subject to change based on food availability.

**Lunches include milk & a trip through our fresh salad bar!!!** Our salad bar features tossed green salad (Caesar salad on Wednesday and Friday), Washington apples, fresh baby carrots, celery sticks, a fresh fruit & vegetable of the day, canned fruit and raisins.  
Milk choices include low-fat (1%) white milk, nonfat white milk, and nonfat chocolate milk. over >>>



# Bellevue School District Elementary School Breakfast Menu March 2006



Breakfast is served at Ardmore, Lake Hills, Phantom Lake, Sherwood Forest, Spiritridge, & Stevenson 30 minutes before school starts. Breakfast includes milk, fresh or canned fruit or applesauce, apple or orange juice on Tuesdays and Thursdays, & cinnamon sugar toast.

**Daily Breakfast Choices:**

Turkey Ham & Cheese Bagel Sandwich  
Assorted Cereal & Raisins (V)  
Fruited Yogurt & Mini Loaf (V)

**Also:**

**Monday:** Egg & Sausage McBell  
**Tuesday:** Breakfast Burrito & Hash Brown Tots  
**Wednesday:** Pancake on a Stick  
**Thursday:** Egg & Cheese McBell (V)  
**Friday:** French Toast Sticks and Sausage

**PLEASE NOTE:** No items on our menu contain pork. Items marked with a (V) are vegetarian choices (may contain milk, milk products, or eggs—they are not vegan). Menu is subject to change based on food availability.

**Breakfast Price...\$1.25**  
**Reduced Breakfast...\$0.30**  
**Milk Only...\$0.50**

Our menus meet the guidelines of the USDA National School Lunch and Breakfast Programs. Nutrition information is available upon request.

**We're on the Web!**  
Our menus can be found at:  
[www.bsd405.org](http://www.bsd405.org) and click on Nutrition Services

**Brands We Use...**

As we try to provide the highest quality food service, we use many well-known brands on our menu. These include (but are not limited to)...



**Did You Know? Our menus feature:**

- hamburger and hot dog buns that are whole grain.
- a mixture of brown & white rice.
- chicken or turkey hot dogs and corndogs.
- non-fat or 1% milk.

**Job Openings in Nutrition Services and Transportation**

Nutrition Service has several part-time jobs available for Kitchen Assistants. Call (425) 456-4507. Transportation has a need for substitute bus drivers. Contact Transportation at (425) 456-4516. 24-hour information is available at [www.bsd405.org](http://www.bsd405.org) and click on Departments/Human Resources.

**Use your credit or debit card for prepayments!**

You can add money to your student's meal account using your Visa (debit or credit), Master Card, or Discover. Log onto [www.paypams.com](http://www.paypams.com) to make an electronic payment (service fee applies).

**Parents can now view student cafeteria purchases as well as account balances.**

Or, call 1-888-994-5100 if you do not have Internet access.

**Questions: Nutrition Services: (425) 456-4507**

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